

February



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**HAVE FUN!
COLOR ME!**

		<p>1 (Early Release) HOAGIE SANDWICH Multi Grain Chips Pickles Fresh Apple Milk Breakfast: Scrambled Eggs, Toast, Juice, Milk</p>	<p>2 CHICKEN QUESADILLA Refried Beans Lettuce & Tomato Fruited Gelatin/Topping Milk Breakfast: Biscuit, Gravy, Juice, Milk</p>	<p>3 HAMBURGER Baby Carrots/Ranch Potato Rounds Burger Salad Fresh Orange Milk Breakfast: French Toast, Juice, Milk</p>
<p>6 POPCORN CHICKEN Mashed Potatoes Seasoned Carrots Blushing Pears Texas Toast Milk Breakfast: Breakfast Pizza, Juice, Milk</p>	<p>7 CHICKEN FAJITAS Refried Beans Lettuce & Tomato Mixed Fruit Chocolate Pudding Milk Breakfast: Pancakes, Juice, Milk</p>	<p>8 RAVIOLI Green Beans Tossed Salad/Ranch Apricots Garlic Bread Milk Breakfast: Biscuit, Honey, Juice, Milk</p>	<p>9 PIZZA Tossed Salad/Ranch Mixed Vegetables Fresh Orange Gelatin/Topping Milk Breakfast: Scrambled Eggs, Tortilla, Juice, Milk</p>	<p>10 WESTERN BURGER Potato Rounds Pickle Spears Fruit Cup Milk Breakfast: Yogurt, Graham Cracker, Juice, Milk</p>
<p>13 SPAGHETTI/MEAT SC Tossed Salad/Ranch Corn on Cob Fresh Fruit Choice Garlic Bread Milk Breakfast: Sausage Biscuit, Juice, Milk</p>	<p>14 CHICKEN NUGGETS Peas & Carrots Mashed Potatoes Diced Peaches Sherbet Cup Wheat Roll Milk Breakfast: Pancake on Stix, Juice, Milk</p>	<p>15 NACHOS Pinto Beans Lettuce & Tomato Fruited Gelatin/Topping Cornbread Milk Breakfast: Omelet, Toast, Juice, Milk</p>	<p>16 MINI CORNDOGS Baked Beans Veggie Dippers Blushing Pears Chocolate Pudding Milk Breakfast: Waffles, Juice, Milk</p>	<p>17 BBQ RIB SANDWICH Potato Rounds Pickle Spears Apricots Cookie Milk Breakfast: Oatmeal Breakfast Round, Juice, Milk</p>
<p>20 STAFF DEVELOPMENT</p>	<p>21 STEAK FINGERS Mashed Potatoes Seasoned Carrots Fresh Fruit Choice Texas Toast Pudding Milk Breakfast: Breakfast Pizza, Juice, Milk</p>	<p>22 FISH STRIPS Tossed Salad Mixed Vegetables Macaroni & Cheese Cherry Freeze Bar Wheat Roll Milk Breakfast: Scrambled Eggs, Toast, Juice, Milk</p>	<p>23 CHOPPED BBQ ON A BUN Potato Rounds Pickle Spears Diced Peaches Milk Breakfast: Biscuit, Gravy, Juice, Milk</p>	<p>24 PIZZA STIXS Corn on Cob Tossed Salad/Ranch Apricots Gelatin/Topping Milk Breakfast: French Toast, Juice, Milk</p>
<p>27 TOASTED HAM & CHEESE SANDWICH Veggie Dippers Baked Chips Pickle Spears Fresh Orange Milk Breakfast: Yogurt, Graham Cracker, Juice, Milk</p>	<p>28 CHILI CHEESE BAKED POTATO Seasoned Broccoli Tossed Salad/Ranch Cherry Freeze Bar Wheat Roll Milk Breakfast: Sausage Biscuit, Juice, Milk</p>	<p>29 SOFT TACOS Refried Beans Lettuce & Tomatoes Spiced Apples Spanish Rice Gelatin/Topping Milk Breakfast: Pancakes, Juice, Milk</p>	<p>EAT SCHOOL MEALS!</p>	



What does CAULIFLOWER bring me?



Color Your Meals Healthy!

Do you use more than one color when you draw or paint? Think of vegetables the same way! They come in a variety of colors and each color has its own special power for you. The more colors of vegetables you eat, the more you do for YOU to be strong, smart and fit! Supercharge your body and mind by adding red peppers, orange carrots, yellow corn, green broccoli, purple beets, and white cauliflower. Did you notice the colors made a rainbow too?



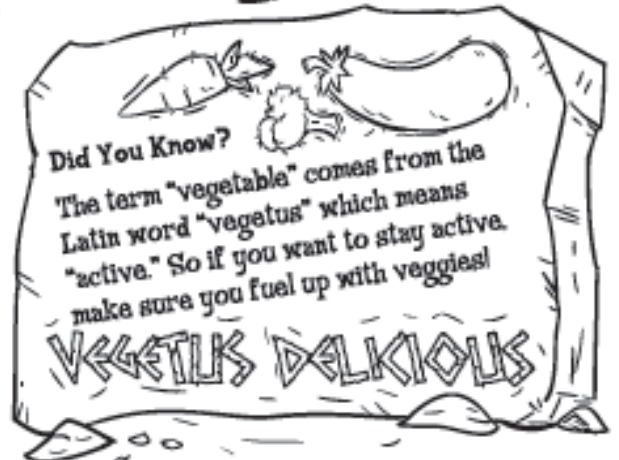
Veggie Seek and Find

Draw a circle around the words written forwards, backwards, up and down in the puzzle.

K H O R T A B N R O C A
 V E G E T A B L E J A A
 R A L E T A R S E M R S
 X L O T A M O T J Y R N
 C T J E T A C L Y J O I
 V H G B T O C V E M T M
 K A L E T A O W E R A A
 Q E E G G P L A N T F T
 V E G E T R I L M S A I
 N E C U T T E L E D A V



(Source: Vegetables, Broccoli, Carrot, Eggplant, Tomato, Lettuce, Peas, Yambean, Health, Care)



OUR CAFETERIA BRINGS IT!

SLATON ISD
 MENUS ARE SUBJECT TO CHANGE.
 Alternate Daily Breakfast is Cereal, Toast, Juice, & Milk. Complete only ONE Free & Reduced Application per family. Meals may be prepaid any day from 7am to 8:30am, but will be accepted at any time. Students are only allowed TWO CHARGERS.
 Meal Prices:
 BREAKFAST: Full \$1.50 Reduced \$.30 Teacher & Guest \$2.00
 LUNCH: Elementary Full \$2.00 Secondary Full \$2.50 Reduced \$.40 Teacher \$3.00 Guest \$4.00



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